

WEEK ONE



Jacket Potato
available everyday

WEEK TWO



WEEK THREE

CHADWICKS KITCHEN

Autumn & Winter 2022

Monday

Choose a main meal:
Pizza Monday!
Cheese and Tomato Pizza (V)
Or
Vegetable Quesadilla (V) Or 🌱
Or
Roasted Vegetable Pasta Bake (V) Or
Jacket Potato with choice of topping

on the side:
Potato Wedges
Baked Beans
Sweetcorn
Fresh Carrot Batons
for dessert:
Choice of Homemade Ice Cream, Cheese & Crackers,
Fresh Fruit or Yoghurt

Choose a main meal:
Pizza Monday!
Cheese & Tomato Pizza (V)
Or
Spagetti with Tomato Sauce (V) Or 🌱
Or
Vegetarian Lasagne (V)
Or
Jacket Potato with a choice of topping

on the side:
Peas
Corn on the Cob
Potato Wedges
for dessert:
Choice of: Chocolate Brownie
Surprise, Cheese & Crackers,
Fresh Fruit or Yoghurt

Choose a main meal:
Pizza Monday!
Cheese & Tomato Pizza (V)
Or
Vegetable Quesadilla (V) Or 🌱
Or
Crunchy Topped Tomato Pasta Bake (V)
Or
Jacket Potato with choice of topping

on the side:
Broccoli
Sweetcorn
Diced Potatoes
Garlic Bread
for dessert:
Choice of: Apple Crumble
Crunch, Cheese & Crackers,
Fresh Fruit or Yoghurt

Tuesday

Choose a main meal:
Homemade Chicken Curry & Rice 🌱
Or
Cheese and Broccoli Quiche (V)
Served with Sliced oven baked Potatoes
Or
Chicken Style Quorn Burrito (V) Or
Jacket Potato with choice of topping

on the side:
Green Beans
Sweetcorn
Homemade Coleslaw
for dessert:
Choice of: Chadwick's Kitchen
Fruity Flapjack, Cheese &
Crackers, Fresh Fruit or Yoghurt

Choose a main meal:
Sausage & Baked Bean Casserole topped
with Mashed Potato 🌱
Or
BBQ Chicken Wrap 🌱
Or
Quorn Curry (V) Or
Jacket Potato with a choice of topping

on the side:
Wholemeal Rice
Broccoli
Swede
for dessert:
Choice of: Chocesanake with
Mandarin Oranges, Cheese &
Crackers, Fresh Fruit or Yoghurt

Choose a main meal:
All Day Breakfast:
Sausage or Quorn Sausage (V), Bacon
Scrambled Egg, Beans, Tomato, Hash
Brown and Toast
Or
Cheese & Tomato Tagliatelle (V) Or
Jacket Potato with choice of topping

on the side:
Broccoli
Carrot Batons
Mixed Pepper Strips
for dessert:
Choice of: Rice Pudding with
Apricot Compote, Cheese &
Crackers, Fresh Fruit or Yoghurt

Wednesday

Choose a main meal:
Roast of the day, served with Roast
Potato, Yorkshire Pudding and Gravy
Or
Stuffed Peppers (V) 🌱
Or
Macaroni Cheese (V) Or
Jacket Potato with a choice of topping

on the side:
Mashed Swede & Carrot
Parsnips
Garlic Slice
for dessert:
Choice of: Apple Sponge and
Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt

Choose a main meal:
Roast of the day, served with Roast
Potato, Yorkshire Pudding and Gravy
Or
Quorn Roast (V)
Or
Ham Pasta Carbonara Or
Jacket Potato with a choice of topping

on the side:
Carrots
Cauliflower Cheese
Homemade Bread
for dessert:
Choice of: Apple & Banana Cake
& Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt

Choose a main meal:
Roast of the day, served with Roast Potato,
Yorkshire Pudding and Gravy 🌱
Or
Quorn Sausages (V)
Or
Chicken & Tomato Pasta Or
Jacket Potato with a choice of topping

on the side:
Carrots
Sprouts
for dessert:
Choice of: Sticky Toffee Pudding
& Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt

Thursday

Choose a main meal:
Homemade Mince Beef Pie with Mashed
Potato 🌱
Or
Quorn Sausages with Mashed Potato (V)
Or
Chicken and Tomato Pasta Or 🌱
Jacket Potato with a choice of topping

on the side:
Broccoli
Cabbage
Homemade Bread
for dessert:
Choice of: Mrs Vickers homemade
Jammie Dodgers, Cheese &
Crackers, Fresh Fruit or Yoghurt

Choose a main meal:
Mince & Dumplings with Creamy Potato
Or
Mrs Morton's Sticky Honey Chicken &
Spagetti 🌱
Or
Tomato & Basil Pasta (V) Or
Jacket Potato with a choice of topping

on the side:
Cabbage
Peas
Diced roasted Sweet Potato
for dessert:
Choice of: Winter Fruit Sponge &
Custard, Cheese & Crackers,
Fresh Fruit or Yoghurt.

Choose a main meal:
Mrs Vickers Spanish Chicken with Rice
Or
Beef Spagetti Bolognese
Or
Mac n Cheese (V)
Or
Jacket Potato with a choice of topping

on the side:
Cauliflower
Green Beans
Roasted Veg Cous Cous
for dessert:
Choice of: Mr Parlin's Sticky
Ginger Parkin, Cheese &
Crackers, Fresh Fruit or Yoghurt

Friday

Choose a main meal:
Fish in breadcrumbs
Served with Chips
Or
Chinese Egg Fried Rice (V) & Curry Sauce
Or
Jacket Potato with a choice of topping 🌱

on the side:
Peas
Baked Beans
for dessert:
Choice of: Chocolate Crispie
Cake, Cheese & Crackers, Fresh
Fruit or Yoghurt

Choose a main meal:
Jumbo Fish Fingers and Chips
Or
Salmon Pasta 🌱
Or
Quorn no meat-ball Sub (V)
Or
Jacket Potato with a choice of topping 🌱

on the side:
Peas
Baked Beans
for dessert:
Choice of: Mr Mc Nally's Venetian
Whirl, Cheese & Crackers,
Fresh Fruit or Yoghurt

Choose a main meal:
Fish Fingers
Served with Chips
Or
Assorted Paninis
Served with Chips
Or
Jacket Potato with a choice of topping 🌱

on the side:
Peas
Baked Beans
for dessert:
Choice of: Banana Muffin,
Cheese & crackers,
Fresh Fruit or Yoghurt

Fresh water
available
everyday

Healthy option on the day
Least food miles travelled

Fresh Salad
available
everyday