

# WEEK 1

# WEEK 2

# WEEK 3

MONDAY

**CHOOSE A MAIN MEAL:**  
 Cheese and Tomato Pizza(V)  
 Or  
 Quorn Curry  
 Or  
 Cheesy Broccoli Pasta Bake  
 Or  
 Jacket Potato with a choice of topping

**ON THE SIDE:**  
 Potato Wedges/ Rice  
 Garlic Bread  
 Sweetcorn  
 Mixed Pepper Strips

**DESSERT: Choice of:**  
 Oaty Hob Nob Biscuit  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
 Cheese and Tomato Pizza(V)  
 Or  
 Veggie Shepherd's Pie(V) ♥  
 Or  
 Double Filled Jacket Potato  
 Or  
 Jacket Potato with a choice of topping

**ON THE SIDE:**  
 Vegetable sticks & Hummus  
 Potato Wedges  
 Sweetcorn  
 Baked Beans

**DESSERT: Choice of:**  
 Jam sponge & custard  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
 Cheese and Tomato Pizza(V)  
 Or  
 Macaroni Cheese  
 Or  
 Salmon Pasta ♥  
 Or  
 Jacket Potato with a choice of topping

**ON THE SIDE:**  
 Homemade Potato Wedges  
 Garlic Slice  
 Sweetcorn  
 Carrot Batons

**DESSERT: Choice of:**  
 Chocolate Orange Muffin  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

TUESDAY

**CHOOSE A MAIN MEAL:**  
 Posh nuggets  
 Or  
 Beef Spaghetti Bolognese  
 Or  
 Vegetable Enchilada's (V)  
 Or  
 Jacket Potato with a choice of topping

**ON THE SIDE:**  
 Garlic and Herb Potatoes  
 Garlic Slice  
 Carrot Batons  
 Broccoli

**DESSERT: Choice of:**  
 Chocolate Crispy Crunch  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
 Mr Tindale's Special Katsu Chicken  
 Or  
 Chicken and Veg Savoury Rice  
 Or  
 Quorn Mince filled Taco's(V)

**ON THE SIDE:**  
 Sliced Oven Baked Potatoes  
 Broccoli  
 Cauliflower

**DESSERT: Choice of:**  
 Fruity Jelly and Ice-cream  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
 Savoury Mince & Dumplings  
 Or  
 Tikka Chicken Wrap ♥  
 Or  
 Cheese Sandwich (V)  
 Or  
 Jacket Potato with a choice of topping

**ON THE SIDE:**  
 Mashed Potato  
 Broccoli  
 Cauliflower

**DESSERT: Choice of:**  
 Mrs Morton's Angel Crunch  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

WEDNESDAY

**CHOOSE A MAIN MEAL:**  
 Roast of the Day  
 Or  
 Cheese and Tomato Pasta  
 Or  
 Vegetarian Toad in the Hole  
 Or  
 Jacket Potato with a choice of topping

**ON THE SIDE:**  
 Mashed Potatoes  
 Yorkshire Pudding/Stuffing  
 Cauliflower Cheese  
 Carrots

**DESSERT: Choice of:**  
 Orange Cake and Custard  
 Cheese and Crackers  
 Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
 Roast of the Day  
 Or  
 BBQ Turkey Steak  
 Or  
 Creamy Tomato Pasta Bake  
 Or  
 Jacket Potato with a choice of Topping

**ON THE SIDE:**  
 Roast Potatoes  
 Yorkshire Pudding/Stuffing  
 Homemade Bread  
 Carrots  
 Peas

**DESSERT: Choice of:**  
 Apple Crumble Cake  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
 Roast of the Day  
 Or  
 Creamy Chicken Pasta  
 Or  
 Quorn Sausages (V)  
 Or  
 Jacket Potato with choice of topping

**ON THE SIDE:**  
 Roast Potatoes  
 Yorkshire Pudding/Stuffing  
 Homemade Garlic Slice  
 Carrots/Broccoli

**DESSERT: Choice of:**  
 Chocolate Cake & Custard  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

THURSDAY

**CHOOSE A MAIN MEAL:**  
 Chadwick's Chicken Curry  
 Or  
 Tuna Sandwich  
 Or  
 No Meat Ball Flatbread (V)  
 Or  
 Jacket Potato with a choice of topping

**ON THE SIDE:**  
 Wholemeal Rice  
 Sweetcorn  
 Homemade Coleslaw  
 Green Beans

**DESSERT: Choice of:**  
 Mousse with mandarins  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
 Cumberland Sausage Swirl  
 Or  
 Ham Sandwich  
 Or  
 Sweet Chilli Noodles (V) ♥  
 Or  
 Jacket Potato with a choice of Topping

**ON THE SIDE:**  
 Mashed Potato  
 Gravy  
 Broccoli  
 White Cabbage

**DESSERT: Choice of:**  
 Mrs Vickers Orange Biscuits  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
 Steak and Vegetable Grill  
 Or  
 Mr Parkins Hunters Chicken  
 Or  
 BBQ Quorn Wrap (V)  
 Or  
 Jacket Potato with a choice of topping

**ON THE SIDE:**  
 Diced Paprika Potatoes  
 Roasted Sweet Potato  
 Sweetcorn and Peas  
 Mild Peppercorn Sauce

**DESSERT: Choice of:**  
 Fruity Jelly & Ice-cream  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

FRIDAY

**CHOOSE A MAIN MEAL:**  
 Breaded Fish Cake  
 Or  
 Cheese and Bean Wrap  
 Or  
 Mac & Cheese  
 Or  
 Jacket Potato with a choice of topping

**ON THE SIDE:**  
 Chips  
 Peas  
 Baked Beans

**DESSERT: Choice of:**  
 Summer Fruit Crumble & Custard  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
 Fish Fingers  
 Or  
 Vegetable Fried Rice  
 Or  
 Jacket Potato with a choice of topping

**ON THE SIDE:**  
 Chips  
 Curry Sauce  
 Peas /Beans

**DESSERT: Choice of:**  
 Chadwick's Flapjack & Peach Slices  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

**CHOOSE A MAIN MEAL:**  
 Breaded or Battered Fish  
 Or  
 Cheesy Quiche  
 Or  
 Jacket Potato with a choice of topping

**ON THE SIDE:**  
 Chips  
 Mushy Peas  
 Baked Beans

**DESSERT: Choice of:**  
 Toffee Apple Muffin  
 Cheese & Crackers  
 Fresh Fruit or Yoghurt

