

'Growing, loving and learning in the arms of Mary'

# **No Smoking Policy**

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Author: Martin Clephane Date: September 2022 Review date: September 2023

## Aim:

This school regards itself as a health-promoting organisation. It recognises that staff act as role models for pupils in all aspects of school life, including health promotion. In light of the evidence that second hand smoke causes damage to health this policy has been implemented to:

- Protect the staff, children and young people and visitors from the effects of tobacco smoke.
- Acknowledge the educational role of the organisation in discouraging children and young people from starting to smoke.

### Rationale:

- Smoking is the single most preventable cause of premature death and ill health in our society.
- Passive smoking breathing other people's tobacco smoke is also potentially fatal. It has been shown to
  cause lung cancer, as well as many other illnesses, in non-smokers. Children are particularly vulnerable to
  the effects of second hand smoke.
- Breathing in second hand smoke is a health and safety issues for all adults who work at the school.
- Everyone has the right to breathe clean air.
- Schools have a major role to play in working towards non-smoking being seen as the norm in society.
- Children need to receive consistent messages and require non-smoking role models within the school.

# **No Smoking Policy**

Smoking is not allowed anywhere on the premises – buildings and grounds.

#### Staff

Staff are recognised 'role models' and as such are required not to smoke in sight of the children. This includes visits/school trips etc. and smoking breaks.

#### Visitors

The No Smoking Policy applies to all Visitors to the school (including suppliers, supply or temporary staff and maintenance workers).

## **Parents and Carers**

Parents and Carers must also adhere to the No Smoking Policy and refrain from smoking on the school grounds.

## Children

Children are taught about the risks of smoking through the Change4Life Team Sunderland City Council, Healthy Schools Policy in PSHE and in science when learning about healthy bodies.

# **Communicating the Policy:**

The following arrangements have been made for informing people of the policy's existence:

- Staff will be informed of the No Smoking Policy at recruitment.
- Staff members will inform visitors of the policy when necessary.