

# Derwent Hill & St Mary's Primary



## Explore and Discover

Children:

- Develop self awareness and social skills.
- Increase personal confidence through successfully meeting new challenges.
- Develop personal responsibility.
- Develop cooperation, trust and support in a team.
- Experience awe and wonder at the natural world, and take time to reflect on this.
- Understand the importance of a healthy lifestyle.

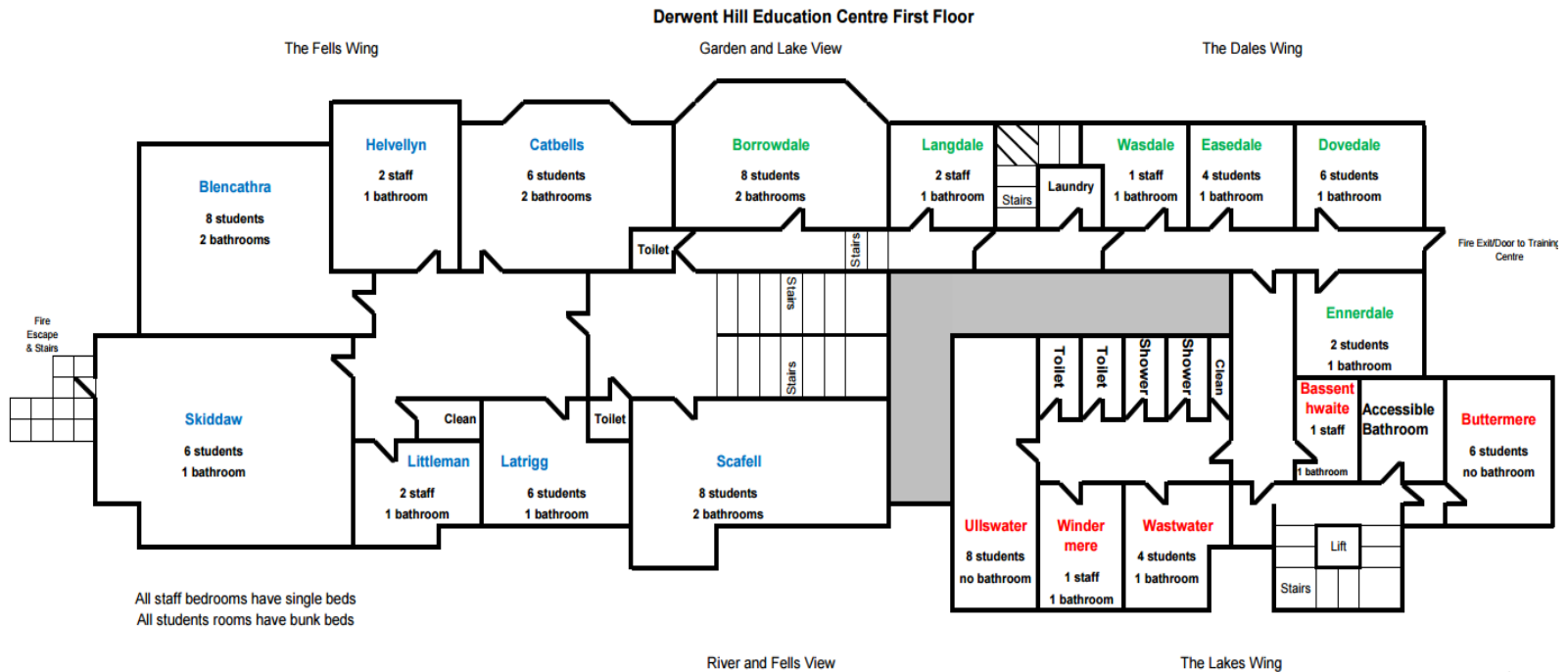
# Staff

- Variety of staff, including Year 6 teachers. Plenty of familiar faces.
- We are on hand around the clock to ensure the safety and wellbeing of your child.
- Derwent Hill staff are highly skilled and are there to provide the best possible experience for the children.

# Groups

- Activity groups – mixed group of up to 12 (1 Tutor and 1 Staff member)
- Dormitories – friendship groups  
(Organised with the help of the teachers)
- Dining – 2 adjacent dining areas

# Derwent Hill



The girl's rooms are on one side of the building and the boy's are on the other with separate staircases.

The staff bedrooms are interspersed between.

# Activities

Activities are weather dependent, but the Derwent Hill staff have an array of different activities we can do in adverse conditions.

- Mountain walk
- Gorge walking
- Mine visit
- High ropes/Low ropes
- Canoeing
- Orienteering
- Big Swing
- Bush craft
- Local visits

# Daily Routine

- 7:30 - Wake up call
- 8:00 - Breakfast
- 9:00 - Dorm inspection then daily briefing
- 9:20 - Group activities (full or half day)
- 4:30 - Free time
- 5:30 - Evening meal
- 7:00 - Evening activities
- 9:00 - Supper
- 9:30 - Bed
- 9:45 - Lights out and sleep

# Gorge walking



This activity takes teamwork.



# Canoeing



First task, getting the canoe in the water.

Second task, paddle together. It's harder than it looks!



# 'One Tree Island'



# Mountain walk



Lunch at the top  
of the mountain



# High ropes course



# Bushcraft Activities



# The Big Swing



# Evening activities

Night walk

Team Challenge

Quiz/Free time

Movie/Disco



# Free-time Activities





# Clothing

- All clothing needs to be labelled. Lost property distributed at the end of the week.
- Derwent Hill provide excellent waterproofs, walking boots and rucksacks.
- Layers of clothing, short and long sleeved tops and jumpers. Please see the kit list for minimum needed.

*'There's no such thing as bad weather, only unsuitable clothing.'*

(Alfred Wainwright)

# Medical Issues

- Before we go, we will send out medical information forms. Any medication to be brought in on the day.
- All issues are kept confidential and handled sensitively.
- All medicine must be labelled and handed into staff before we go.
- Travel sickness – please inform staff if your child has taken a tablet and hand in one for the return journey.
- Two staff members are in charge of dispensing the medication.
- We follow the same accident/illness policy as school. Staff who know the children are on hand to deal with any issues the children may have.

- There is a sample menu on the Derwent Hill website
- All the food is cooked on site and you will have a choice of healthy meals every day.
- The cooks are very helpful and there is always something for 'picky eaters.'

# Technology

- The aim is to have technology free week
- Children are responsible for their own belongings
- No mobile phones
- Children can bring a camera
- Moving away from blog format this year and are instead going to set up a Derwent Hill Twitter account

# Money

- £10 pocket money in purse or wallet (change is best)
- Additional money can be sent for souvenirs – If your child wants to buy souvenirs from the shop please put the money in a labelled envelope to be handed in to their group leader (£10 maximum please)

## Anything else?

- We will send out personal detail forms, medical letters and calpol consent forms closer to the time
- Lots more information on Derwent Hill website
- Kit lists are available at the back of the hall
- Any questions?

Thank you.