



Date: Friday 7<sup>th</sup> September 2018

Dear Parent/Carers,

Welcome back to the start of a new school year.

We hope you and your children have had a relaxing summer holiday and you are back full of energy and enthusiasm for what is sure to be a great year.

I would like to congratulate parents on how smart the children looked this week. It makes a good impression on everyone to see the children looking great.

Parents are asked to clearly mark all uniform with their child's name. May I remind parents that pupils are **NOT** allowed to wear the following in school:

- Make-up
- All jewellery – except for watches
- Tattoos – temporary or permanent
- Nail varnish
- Stencil haircuts
- Trainers (*except for P.E. White soles only please*)
- Flip Flops
- Boots or other footwear that is not a black shoe (*except in inclement weather*)

**EARRINGS** – We understand that some children have had their ears pierced during the school holidays. We ask for parents to remove them as earrings can cause health and safety issues and children cannot take part in PE activities.

We would like to see all earrings removed by Friday 14<sup>th</sup> September 2018. Thank you for your co-operation in this matter.

#### DINNER MONEY REMINDER

Dinner Monies are payable for children in years 3 to 6, please send in your child's money on a Monday morning in a sealed envelope clearly marked with their name and class. This can be made with either cash or cheque (*cheques to be made payable to 'City of Sunderland'*). Alternatively, payment can be made online via [www.sunderland.gov.uk](http://www.sunderland.gov.uk). Thank you

Payments of **£66.00** can be made for the this term (**04.09.18 to 18.10.18**).

A copy of the new school menu for 2018/19 is available to view on our school website [www.smrc.school](http://www.smrc.school)

#### A GENTLE REMINDER

A gentle reminder please – as all school gates will be locked **prompt 9.00am**, can parents/carers ensure that children are in class for **9.00 am registration** to ensure lessons start without any delays to the school day. Thank you

#### ANNUAL CONSENT FORMS

Your child/children should each have received an Annual Consent Pack.

Your pack should include the following:

- Emergency Contact Form
- Annual Consent Form (*on reverse of Emergency Consent form*)

Please complete and return the forms in the plastic pocket provided to the school office, no later than **Friday 14<sup>th</sup> September 2018**.

Thank you

#### CURRICULUM MEETINGS –For Parents/Carers

The Curriculum meetings for years1-6 will take place in your child's classroom at 9.00am and will be repeated at 3.00pm.

The meeting will last no longer than 30 minutes and dates are as follows:

Year 1- TBA

Year 2- Tuesday 2<sup>nd</sup> October 9am & 3pm

Year 3- Thursday 27<sup>th</sup> September 9am & 3pm

Year 4- Wednesday 3<sup>rd</sup> October 9am & 3pm

Year 5- Wednesday 26<sup>nd</sup> September 9am & 3pm

Year 6- Tuesday 25<sup>th</sup> September 9am & 3pm

The Curriculum meetings for Reception will take place in the main school hall on Wednesday 26<sup>th</sup> September, 9am & 2.45pm

#### PE

Your child's PE day is as follows:

Year 1- Friday

Year 4 - Monday

Year 2 - Friday

Year 5 - Tuesday

Year 3 - Wednesday

Year 6 –Thursday

We ask all parents to remember that their child has weekly PE activities and need to be fully equipped. We prefer that your child comes to school on PE days in their PE kit - Royal blue tracksuit bottoms, royal blue shorts, training shoes (black or white) and t-shirt with school badge -**This does not apply for Foundation Stage.**

Year 4 Swimming - a separate letter has been sent.



### CLASS MASSES

Class Masses will take place in the school hall on the following dates.

Thursday 4th October 9.30am – Year 6

Thursday 18<sup>th</sup> October 9.30am – Year 4

Thursday 1<sup>st</sup> November 9.30am – Year 5

Thursday 29<sup>th</sup> November 9.30 am – Year 3

Parents are welcome to come and join in Mass with their child's class.

### ADVENTURE PLAYGROUND

Concerns have been raised regarding the use of our Trim Trail, Adventure Playground and Foundation Stage outdoor equipment beyond normal school hours.

It is my duty to ensure all playground equipment is used appropriately and safely during the day. I am unable to do this before 9.00am and after 3.30pm

**The outside equipment, Adventure Playground and Trim Trail is not to be used by the children before and after school hours with or without adult supervision.**

Thank you.



### WATER BOTTLES

Please remind children of the importance of a regular intake of water. Water is available in school and all children should have a plastic bottle clearly marked with their name.



*Article 24 Every child has the right to clean water*

*Article 8 Every child has the right to a name*

### SAFEGUARDING STATEMENT

St Mary's RC Primary School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. We politely request that all parents, carers, contractors and visitors to school respect our safeguarding culture of vigilance.

Please help us to keep our school community safe and support school in reporting any concerns and/or inappropriate behaviour or actions through the appropriate channels.

### HEALTHY EATING

As a healthy school we are encouraging our children to eat healthily at all times. Certain foods should only be given as treats on special occasions in school rather than the norm, e.g. crisps /chocolate. **We would rather therefore encourage the children to bring a piece of fruit as a playtime snack**



### Healthy Lunchtime

According to [NHS choices](#) a balanced lunchbox should contain:

- Starchy foods like bread, rice, potatoes or pasta
- Protein foods like meat, fish, eggs or beans
- A dairy item, like cheese or yogurt
- Vegetables or salad and a portion of fruit

*Article 24 Every child has the right to healthy food*

