



St Mary's R.C. Primary School, Meadowside Newsletter

'Growing, loving and learning in the arms of Mary'

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Date: Friday 22nd December 2017

THANK YOU

SCHOOL CHRISTMAS HOLIDAYS

School closes for the Christmas Holidays **today, Friday, 22 December 2017 at 1pm.**

School will re-open for pupils on Monday, 8th January 2018.

On behalf of all the staff and governors, may I wish you and all your families a very happy and holy Christmas and we look forward to seeing you all in the New Year

I would like to thank you all for the support you have given me over last 5 years, for the very generous gifts and well wishes.

It's been a privilege to be the headteacher of St Mary's, working with an amazing staff and your wonderful children.

I have loved being part of this faith community and I will obviously miss everyone.

St Mary's is a vibrant school, constantly striving to improve and widen the opportunities for your children. The staff and governors are looking forward to the future with hope.

Wishing you all a happy, holy Christmas and a peaceful New Year. I will keep you all in my thoughts and prayers. God bless

ADVENT

Advent is a lovely time of the year, when we can count our blessings and think of those who are less fortunate.

Advent is the season of hope, culminating in the celebration of the birth of Jesus, which brings us the good news that we are loved unconditionally by God.



Thank you for all of the donations received which have been passed to St Mary's Church to support the homeless.

CONGRATULATIONS

We are very proud to announce that **St Mary's RC Primary School** is **Top of the Performance Table in Sunderland.**

December 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
25 Christmas Day	26 Boxing Day	27	28	29	30	31
1 New Year Day	2	3	4	5	6	7
8 Year 5 – P.E. Day	9 Year 4 Swimming 1.30-2.20pm (Mrs Rumis & Mrs Carton's class) Year 6 Booster Class 3.30-4.30pm Chess 3.30 – 4.30pm Karate 3.30 - 4.30pm Year 3 - P.E. Day	10 Year 6 Booster Class 3.30-4.30pm Drama 3.30-4.30pm yrs. 4,5,6 Year 4 – P.E. Day	11 Year 1 P.E. Day	12 Drama 3.30-4.30pm yrs. 2&3 Year 2 & 6 – P.E. Day	13	14

- Holidays – School Closed
- INSET Day – School Closed
- Bank Holiday – School Closed

- After- School Clubs
- Music Lessons

- Sports Events
- P.E Days

DINNER MONIES

Dinner monies for week beginning **Monday 8th January 2018** will be **£10.00**.

If you wish to pay for the next half-term (**8/1/18 to 9/2/18**) it will be **£50.00**.

Please ensure that you send in the correct amount of money and that the envelope/tub is clearly marked with your child's name

MUSIC MONIES REMINDER

The amount for the spring term will be **£36.00 per instrument** – (9 lessons x £4.00).

Please ensure that payment is made to the School Office no later than 11 January 2018. If a payment is not received before lessons are due to start then lessons may be suspended until payment is received. Any queries, please contact Mrs Lloyd on 0191 553 6087.

Article 29 - Every child has the rights to be taught to use their talents and physical abilities.

TENNIS COACHING

On Monday 8th, 15th and 22nd January 2018, Y3 and Y4 children will be involved in tennis coaching. On these days we ask that children wear their P.E. kits.

The 5 Ways to Wellbeing



TALK & LISTEN,
BE THERE,
FEEL CONNECTED

DO WHAT YOU CAN,
ENJOY WHAT YOU DO,
MOVE YOUR HOOD

REMEMBER
THE SIMPLE
THINGS THAT
GIVE YOU JOY

EMBRACE NEW
EXPERIENCES,
SEE OPPORTUNITIES,
SURPRISE YOURSELF

Your time,
your words,
your presence

Christmas can be a great time to catch up with people. It also presents us with time to have longer and more meaningful conversations. **There's nothing better than catching up with someone face-to-face, but that's not always possible. Give them a call, drop them a note or chat to them online instead.**

Face-to-face communication has been shown to improve our mental and physical wellbeing as this interaction produces the hormone, oxytocin, which can benefit our immune system, heart health and cognitive function. **A third of us have a close friend or family member we think is lonely, a Christmas or New Year's resolution to see our friends and family more often can help to boost both our own mental wellbeing, and that of others.**

Physical activity releases the feel-good chemicals, endorphin's, which help you to relax, feel happy and boost your mood. **By undertaking simple tasks such as cycling, walking in the park, or joining in with Christmas games, you can benefit from experiencing reduced anxiety, decreased depression and improved self-esteem.**



MONKWEARMOUTH CATHOLIC PARTNERSHIP CHRISTMAS MASS TIMES

CHRISTMAS EVE MASSES

Holy Rosary Vigil 5pm
St Leonard's, Silksworth 5.30pm
Holy Rosary Midnight Mass 12 Midnight
St Mary's 5.30pm (Carols from 5pm)
St Cecilia's and St Patrick's 7pm (Carols from 6.30pm)
St Benet's 4.30pm (Carols from 4pm)
St Hilda's 5pm
St Joseph's 6.30pm (Carols from 6pm)
St Benet's Christmas Day 10am
St Anne's 6pm (Carols from 5.30pm)
St Patrick's Ryhope 6pm (Carols from 5.30pm)
Sacred Heart and St John Bosco 7pm (Carols from 6.30pm)
Holy Family 7pm (Carols from 6.30pm)

CHRISTMAS DAY MASSES

St Anne's 9am
St Patrick's 9.15am
St Joseph's 9.30am
Immaculate Heart of Mary 10am
St Mary's 10am
St Benet's 10am

THANK YOU

The School Crossing Patrol aka Mrs Dunn, wishes to thank parents and children for all of the kind gifts received. Thank you.

ADMISSION ARRANGEMENTS

Consultation on Admission Arrangements for St Mary's RC Primary School 2019/20.

Where changes to admission arrangements are intended, all schools are required to consult before these are determined and published.

The policy for consultation for 2019/20 is available at www.smrc.school - Our School/Policies or call at the school office for a copy.

The consultation will run from Monday 4 December 2017 – Monday 22 January 2018.

A consultation response form is available by request from the school.

The governing body will consider all comments received before they determine the arrangements for 2019/20.