

# Life to the Full:

Living faith within our families

Monthly newsletter for parents: 6 March 2017

## TEMPTING JACK



## First Sunday of Lent 5 March 2017

Throughout Lent, Ten Ten Resources is exploring the Sunday Gospels by following the theme, “Trust, Surrender, Believe, Receive.” These are the words of a song which many children will be learning and singing throughout Lent, and these words also describe the experiences that Jesus and those people around him had in the Gospels which lead up to Easter Sunday.

“*Tempting Jack*” is a short film by Ten Ten about how easy it can be to give into temptation...

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### Trust in the Word

#### Prayer

Father God,

You have given us the season of Lent to draw us closer to you. Help me to know you more personally as both God and man. Open my heart and mind to hear your voice during the coming weeks so that I may trust in you more and more.

We make this prayer in the name of Jesus Christ our Lord, Amen.

### Gospel: Matthew 4:1-11

In the first Sunday Gospel of Lent, Jesus is tempted by Satan. He was a man; a human being, just like us. And being a man, the devil tried to attract him with the lure of worldly possessions. But Jesus used Scripture to counter the temptation; he **trusted** the Word of God to resist the attraction of evil.

Often, we can dismiss the long-forgotten prayers, verses of Scripture or religious traditions that we learnt as children. They can seem irrelevant and remote. And if we weren't raised in a religious environment, then perhaps certain words of wisdom may also have been

dismissed as childish and immaterial. However, sometimes these words can be powerful and helpful to us in adult life. Reaching back into your childhood, can you recall any long-forgotten prayers, traditions or words of wisdom which you might now be able to recall favourably in a new light?

All resources are part of the Ten Ten Resources subscription service for Catholic primary schools.

[www.tentenresources.co.uk](http://www.tentenresources.co.uk)

The words “Trust, Surrender, Believe, Receive” are based on a song by Ronan Johnston, originally performed by the worship band Emmaus. They are kindly used with permission.

[www.ronanjohnston.com](http://www.ronanjohnston.com)

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Ten Ten Resources is an online resource for Catholic schools and parishes throughout the UK. It is part of Ten Ten, a charitable organisation dedicated to bringing matters of faith to a wider public sphere by inspiring audiences to examine aspects of spirituality and life through drama and storytelling.

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